

Presented by Departments of
Occupational Therapy, Drama & Dance and Community Health

Dance and Healthy Aging with Parkinson's Disease A Lab of Inquiry on April 2, 2016

For Tufts students & invited faculty of all ages and ability
No dance experience required-- only a desire to try out new ways of moving together

WORKSHOP DESCRIPTION

An all-day movement workshop led by our *featured guests* will take participants through experiential movement activities that demonstrate how aging with Parkinson's can be approached as performance art in progress—a performance of the body and soul that yields vigor, health and a supportive social community.

Ending the day with an interactive panel, we will reflect on the ideas of --

1. dance as a form of daily occupation and art that serves body and soul, while forming connections between people of different ages and conditions of health and disability
2. the lab of inquiry as a bridge between the arts and sciences

Location:

Jackson Dance Lab, Jackson Gym
50 Talbot Avenue
Medford/Somerville Campus, Tufts University

FEATURED GUESTS

Renowned teachers of dance and movement for people with Parkinson's, Pamela Quinn and David Leventhal create space where collaboration and community flourish. They help persons of all abilities engage in daily life socially, embodied and artistically.



[Pamela Quinn](#) is a professional dancer who has had Parkinson's disease for over twenty years. Her personal and bodily experience of Parkinson's and dance give her a unique

position from which to analyze physical functioning and to imagine creative solutions to the problems posed by the disease. Her innovative approach has gained growing recognition, leading to presentations throughout the world.



[David Leventhal](#) was a member of the Mark Morris Dance Group (MMDG) from 1997-2010. He appeared in more than 40 of Mark Morris' dances and received a 2010 Bessie (New York Dance and Performance Award) for his

career. David is Program Director and a founding teacher of MMDG's Dance for PD®, a collaboration with the Brooklyn Parkinson Group, that has spread to dance classes in over 100 communities around the world.

Sponsored by: AS&E Diversity Fund Committee and the Deans from the
School of Arts & Sciences and the School of Engineering

For more information about this event, contact Linda Tickle-Degnen, linda.tickle_degnen@tufts.edu

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WORKSHOP SCHEDULE

9:00 – 9:20 AM

Arrival with light breakfast, refreshments
Jackson Dance Lab

9:30 – 11:30 AM

Morning Workshop
Experiential Lab of Inquiry I:
An introduction to Dancing and Moving with
Parkinson's disease
with Pamela Quinn and David Leventhal
Jackson Dance Lab

12:00 – 1:15 PM

Lunch provided for all participants
*Collaborative Learning & Innovation Complex—
Room 201
574 Boston Avenue*

1:30 – 3:30 PM

Afternoon Workshop
Experiential Lab of Inquiry II:
Making New Patterns of Movement- A
Collaboration
with Pamela Quinn and David Leventhal
Jackson Dance Lab

3:30 – 4:00 PM

Break

4:00 – 5:00 PM

Panel Reflection and Discussion--
Featured guests and faculty & student
participants
*Jackson Dance Lab, Jackson Gym
50 Talbot Avenue*

HOW TO APPLY for Participation

Participation is required for the entire workshop (morning, afternoon labs plus panel).

Because space is limited, students from the partnering departments of Occupational Therapy, Drama & Dance and Community Health will be given priority for registration.

30 slots exist for student participants: Students may apply for participation by filling out the [application/registration form](#).

We will be forming waiting lists if our applications surpass our limited spaces.

Faculty who are interested in participating, please contact Linda Tickle-Degnen at linda.tickle_deggen@tufts.edu. We have very limited slots, but welcome inquiries from different disciplines.

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